

Cheepers! Birding on a Budget

PANAMA

Canopy Tower, Canopy Lodge and Tranquilo Bay

April 18 - May 5, 2015

		CANOPY TOWER						CANOPY LODGE						TRANQUILO BAY																					
		Canopy Tower arrival	AM: Canopy Tower Observation Deck & Semaphore Hill. PM: Chagres river & Ammo Dump	AM: Rainforest Discovery Center	PM: Gamboa Rainforest Resort Marina & night drive	AM: Summit Ponds & Old Gamboa Road	PM: Pipeline Road entrance & B&B feeders	AM: Pipeline Road thru lunch then rain. PM: Summit Park including Harpy Exhibit	AM: Gamboa Rainforest Resort Tram Station & road, APPC Rehab Center. PM: Miraflores Lock and transfer to Canopy	AM: Cerro Gaital	PM: La Mesa Road	Day trip tp Pacific Dry Forest (Bijagual, Anton, Santa Clara (Raul's beach house)	AM" Las Minas (trail) & La Mesa Road	PM: Market & Valle Chiquito	Altos del Maria	AM: Las Minas Road & Chorro Macho Trail	PM Transfer to Miraflores Locks (museum & dinner)	CANOPY LODGE TOTAL		Flight from Panama City to Bocas (Isla Colon Airport)		Isla Popao (Cotinga), Chocolate Farm (Green Acres - mainland), Buena Esperanza, Snorkeling, and the Tower		Mainland - Punta Rovalo, Chiriqui Grande, Willie Mazza, Antennae Road (Continental Divide)		Soppta Canal (aka Snyder Canal) and Bird Island		Mainland - lowlans - landed atEl Escapada, unpaved road, Palo Seco, Junquito, La Gloria		Snorkeling, Tower, walking the grounds, return to Panama City		TRANQUILO BAY TOTAL		COMBINED TOTAL	

		Page	18	19	20	21	22	23	24	25	26	27	28	Trip	29	30	1	2	3	4	Trip	Trip
1	TINAMOUS																					
3	Great Tinamou <i>Tinamus major</i>	2		H	H	H	S	H						S					H		H	S
4	Little Tinamou <i>Crypturellus soui</i>	2			S						H			S			H		H		H	S
6	DUCKS, SWANS & GEESE	Page	18	19	20	21	22	23	24	25	26	27	28	Trip	29	30	1	2	3	4	Trip	Trip
7	Black-bellied Whistling-Duck <i>Dendrocygna autumnalis</i>	4		S	S			S						S			S				S	S
10	Muscovy Duck <i>Cairina moschata</i>	4																S			S	S
23	GUANS & CHACHALACAS	Page	18	19	20	21	22	23	24	25	26	27	28	Trip	29	30	1	2	3	4	Trip	Trip
24	Gray-headed Chachalaca <i>Ortalis cinereiceps</i>	10				S		S			S	S	S	S								S
37	GREBES	Page	18	19	20	21	22	23	24	25	26	27	28	Trip	29	30	1	2	3	4	Trip	Trip
39	Pied-billed Grebe <i>Podilymbus podiceps</i>	14			S									S								S
51	TROPICBIRDS	Page	18	19	20	21	22	23	24	25	26	27	28	Trip	29	30	1	2	3	4	Trip	Trip
52	Red-billed Tropicbird <i>Phaethon aethereus</i>	18																S			S	S
54	BOOBIES & GANNETS	Page	18	19	20	21	22	23	24	25	26	27	28	Trip	29	30	1	2	3	4	Trip	Trip
57	Blue-footed Booby <i>Sula nebouxii</i>	20								S				S								S
59	Brown Booby <i>Sula leucogaster</i>	22								S				S			S	S			S	S
61	PELICANS	Page	18	19	20	21	22	23	24	25	26	27	28	Trip	29	30	1	2	3	4	Trip	Trip
62	Brown Pelican <i>Pelecanus occidentalis</i>	22		S						S				S	S	S	S	S	S		S	S
66	DARTERS	Page	18	19	20	21	22	23	24	25	26	27	28	Trip	29	30	1	2	3	4	Trip	Trip
67	Anhinga <i>Anhinga anhinga</i>	24		S	S									S								S
68	CORMORANTS	Page	18	19	20	21	22	23	24	25	26	27	28	Trip	29	30	1	2	3	4	Trip	Trip
69	Neotropic Cormorant <i>Phalacrocorax brasilianus</i>	24											S	S		S	S				S	S
71	FRIGATEBIRDS	Page	18	19	20	21	22	23	24	25	26	27	28	Trip	29	30	1	2	3	4	Trip	Trip
72	Magnificent Frigatebird <i>Fregata magnificens</i>	24		S	S	S	S	S		S			S	S	S	S	S	S	S		S	S
74	HERONS	Page	18	19	20	21	22	23	24	25	26	27	28	Trip	29	30	1	2	3	4	Trip	Trip
75	Rufescent Tiger-Heron <i>Tigrisoma lineatum</i>	26		S										S								S
77	Bare-throated Tiger-Heron <i>Tigrisoma mexicanum</i>	26																S			S	S
80	Great Blue Heron <i>Ardea herodias</i>	28											S	S			G				G	S
82	Great Egret <i>Ardea alba</i>	28			S	S	S	S		S				S		S	G	S			S	S
83	Snowy Egret <i>Egretta thula</i>	28								S				S		S	S	S			S	S
84	Little Blue Heron <i>Egretta caerulea</i>	28		S	S	S	S	S					S	S		S	S	S	S		S	S

801	Bay Wren <i>CANTORCHILUS (Thryothorus) nigricapillus costaricensis</i> (West/Cent F	290							S		H	H	S	S	S	S	G		H	S	S			S	S				
806	Rufous-breasted Wren <i>PHEUGOPEDIUS (Thryothorus) rutilus</i>	292		S							S		S		S	S									S	S			
807	Rufous-and-white Wren <i>Thryothorus rufalbus</i>	292				H	H			S		S					S									S	S		
808	Buff-breasted Wren <i>CANTORCHILUS (Thryothorus) leucotis</i>	292			H												H									H	H		
809	Plain Wren <i>CANTORCHILUS (Thryothorus) modestus</i>	292		S			H			H	S						S										S	S	
811	House Wren <i>Troglodytes aedon</i>	294		S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	
812	Ochraceous Wren <i>Troglodytes ochraceus</i>	294											H				H										H	H	
814	White-breasted Wood-Wren <i>Henicorhina leucosticta</i>	294		G					S		S		S		S	S											S	S	
815	Gray-breasted Wood-Wren <i>Henicorhina leucophrys</i>	294											S						H							H	S		
817	SCALY-BREASTED (Southern Nightingale-) Wren <i>Microcerculus marginatus</i>	296												H			H									H	H		
818	Song Wren <i>Cyphorhinus phaeocephalus</i>	296			S								S				S										S	S	
821	GNATWRENS & GNATCATCHERS	Page	18	19	20	21	22	23	24	25	26	27	28	Trip	29	30	1	2	3	4	Trip	Trip							
822	Tawny-faced Gnatwren <i>Microbatas cinereiventris</i>	298							G					S													S	S	
823	Long-billed Gnatwren <i>Ramphocaenus melanurus</i>	298		S		S							H				S	H	H		H					H	S	S	
824	Tropical Gnatcatcher <i>Polioptila plumbea</i>	298		S		S	S										S			S		S				S	S	S	
826	THRUSHES	Page	18	19	20	21	22	23	24	25	26	27	28	Trip	29	30	1	2	3	4	Trip	Trip							
830	Orange-billed Nightingale-Thrush <i>Catharus aurantiirostris</i>	300																	H							H	H	H	
836	Swainson's Thrush <i>Catharus ustulatus</i>	302		S																							S	S	
840	Pale-vented Thrush <i>Turdus obsoletus</i>	304							G				S														S	S	
841	Clay-colored Thrush <i>Turdus grayi</i>	304		S	S	S	S	S	S	S	S	S	S	S	S	S	S	H	S	S	S					S	S	S	
843	MOCKINGBIRDS & ALLIES	Page	18	19	20	21	22	23	24	25	26	27	28	Trip	29	30	1	2	3	4	Trip	Trip							
844	Gray Catbird <i>Dumetella carolinensis</i>	306																	S							S	S	S	
845	Tropical Mockingbird <i>Mimus gilvus</i>	306		S	S	S	S	S		S							S										S	S	
853	WOOD-WARBLERS	Page	18	19	20	21	22	23	24	25	26	27	28	Trip	29	30	1	2	3	4	Trip	Trip							
855	Golden-winged Warbler <i>Vermivora chrysoptera</i>	310					G								G												S	G	
862	Yellow Warbler <i>SETOPHAGA (Dendroica) petechia</i>	312		S	S	S	S			S	S					S	S		S	S						S	S	S	
863	Yellow (Mangrove) Warbler <i>SETOPHAGA (Dendroica) petechia erithachorides</i>	312															G					S				S	S	S	
864	Chestnut-sided Warbler <i>SETOPHAGA (Dendroica) pensylvanica</i>	314		S		S	S	S	S							S	S		S							S	S	S	
870	Black-throated Green Warbler <i>SETOPHAGA (Dendroica) virens</i>	316															S									S	S	S	
873	Blackburnian Warbler <i>SETOPHAGA (Dendroica) fusca</i>	316		S		S			S				S						S							S	S	S	
877	Bay-breasted Warbler <i>SETOPHAGA (Dendroica) castanea</i>	318		S	S		S	S								S	S									S	S	S	
881	Black-and-white Warbler <i>Mniotilta varia</i>	320		S															S							S	S	S	
882	American Redstart <i>Setophaga ruticilla</i>	320		S																							S	S	
885	Northern Waterthrush <i>PARKESIA (Seiurus) noveboracensis</i>	322			S	H					S	S							S							S	S	S	
887	Slate-throated Redstart <i>Myioborus miniatus</i>	322																	S							S	S	S	
889	Mourning Warbler <i>GEOTHYLPIS (Oporornis) philadelphia</i>	324				G		S			S															S	S	S	
894	Common Yellowthroat <i>Geothlypis trichas</i>	326																									S	S	S
895	Olive-crowned Yellowthroat <i>Geothlypis semiflava</i>	326															H		S	S	S					S	S	S	
900	Canada Warbler <i>CARDELLIAN (Wilsonia) canadensis</i>	328					S					S															S	S	S
902	Rufous-capped Warbler <i>Basileuterus rufifrons</i>	328				S			S	S	S	S	S	S													S	S	S
906	Buff-rumped Warbler <i>MYIOTHYLPIS (Basileuterus) fulvicauda</i>	330							S		S	S	S														S	S	S
909	TANAGERS	Page	18	19	20	21	22	23	24	25	26	27	28	Trip	29	30	1	2	3	4	Trip	Trip							
911	Common Bush-Tanager <i>Chlorospingus ophthalmicus</i>	332											S														S	S	S
914	Sooty-capped Bush-Tanager <i>Chlorospingus pileatus</i>	332															G										G	G	G
918	Black-and-yellow Tanager <i>Chrysothlypis chrysomelas</i>	334											S														S	S	S
919	Rosy Thrush-Tanager <i>Rhodinocichla rosea</i>	334				S		H			S																S	S	S
921	Dusky-faced Tanager <i>Mitrospingus cassinii</i>	336							S		S			S					S								S	S	S
922	Gray-headed Tanager <i>Eucometis penicillata</i>	336			S	S	S																				S	S	S
925	White-shouldered Tanager <i>Tachyphonus luctuosus</i>	338		S		S	S	S											S							S	S	S	S
926	Tawny-crested Tanager <i>Tachyphonus delatrii</i>	338							S			S	S	S	S	S	G	S	S							S	S	S	S
927	White-lined Tanager <i>Tachyphonus rufus</i>	338							S			S	S	S	S				S	S	S					S	S	S	S
928	Crimson-collared Tanager <i>Phlogothraupis sanguinolenta</i>	338																	S							S	S	S	S

