

# Cheepers! Birding on a Budget

## HONDURAS Pico Bonito and More

February 7 - February 15, 2013

2/07 Fri:	Arrival in San Pedro Sula, bus transfer to Panacam
2/08 Sat:	Lionel's house, Santa Barbara National Park, Finca Las Glorius, Panacam grounds
2/09 Sun:	Panacan grounds, area near hydroelectric dam), Los Naranjos National Park
2/10 Mon:	AM-Panacam grounds, bus transfer to The Lodge at Pico Bonito, PM-Pico Bonito grounds
2/11 Tues:	Pico Bonito grounds
2/12 Wed:	Cuero y Salado (boat ride), Rio Santiago Lodge (hummingbird feeders)
2/13 Thurs:	Lancetilla Botanical Gardens, Tela, Gordon's went snoreling with James
2/14 Fri:	Rio Aguan Valley (Honduran Emerald)
2/15 Sat:	Transfer from Pico Bonito to the San Pedro Sula airport

	Highlands				Lowlands					Trip	
1	<b>TINAMOUS - Tinamidae</b>										Trip
3	Little Tinamou - <i>Crypturellus soui</i>			H			H				H
6	<b>GUANS, CHACHALACAS &amp; CURASSOWS - Cracidae</b>										Trip
7	Plain Chachalaca - <i>Ortalis vetula</i>		S	S							S
10	Crested Guan - <i>Penelope purpurascens</i>		S	S	S						S
24	<b>DUCKS, GEESE &amp; WATERFOWL - Anatidae</b>										Trip
25	Black-bellied Whistling Duck - <i>Dendrocygna autumnalis</i>		G	S							S
26	Fulvous Whistling Duck - <i>Dendrocygna bicolor</i>		S	S							S
29	American Wigeon - <i>Anas americana</i>		S	S							S
32	Blue-winged Teal - <i>Anas discors</i>		S	S			S				S
39	Lesser Scaup - <i>Aythya affinis</i>									S	S
42	<b>GREBES - Podicipedidae</b>										Trip
44	Pied-billed Grebe - <i>Podilymbus podiceps</i>		S	S							S
45	<b>STORKS - Ciconiidae</b>										Trip
46	Wood Stork - <i>Mycteria americana</i>							S			S
54	<b>HERONS, EGRETS &amp; BITTERNs - Ardeidae</b>										Trip
57	Bare-throated Tiger Heron - <i>Tigrisoma mexicanum</i>						S				S
58	Agami Heron - <i>Agamia agami</i>						S				S
59	Boat-billed Heron - <i>Cochlearius cochlearius</i>						S				S
64	Black-crowned Night Heron - <i>Nycticorax nycticorax</i>								S		S
65	Yellow-crowned Night Heron - <i>Nyctanassa violacea</i>						S				S
66	Green Heron - <i>Butorides virescens</i>		S	S			S	S			S
67	Great Blue Heron - <i>Ardea herodias</i>		S	S							S
68	Great Egret - <i>Ardea alba</i>		S	S	S		S	S	S		S
69	Snowy Egret - <i>Egretta thula</i>		S				S	S	S		S
71	Tricolored or Louisiana Heron - <i>Egretta tricolor</i>						S				S
72	Little Blue Heron - <i>Egretta caerulea</i>		S	S			S	S	S		S
73	Cattle Egret - <i>Bubulcus ibis</i>	S	S	S	S		S	S	S		S
74	<b>PELICANS - Pelecanidae</b>										Trip
76	Brown Pelican - <i>Pelecanus occidentalis</i>							S			S
77	<b>FRIGATEBIRDS - Fregatidae</b>										Trip
78	Magnificent Frigatebird - <i>Fregata magnificens</i>							S			S
84	<b>CORMORANTS &amp; SHAGS - Phalacrocoracidae</b>										Trip
85	Neotropical Cormorant - <i>Phalacrocorax brasilianus</i>		S				S	S			S
86	<b>ANHINGAS - Anhingidae</b>										Trip
87	Anhinga - <i>Anhinga anhinga</i>						S				S
88	<b>NEW WORLD VULTURES - Cathartidae</b>										Trip
89	Black Vulture - <i>Coragyps atratus</i>	S	S	S	S		S	S	S		S
90	Lesser Yellow-headed Vulture - <i>Cathartes burrovianus</i>		S								S
91	<b>NEW WORLD VULTURES - Continued</b>										Trip
92	Turkey-Vulture - <i>Cathartes aura</i>	S	S	S	S		S	S	S		S
94	<b>OSPREY - Pandionidae</b>										Trip
95	Osprey - <i>Pandion haliaetus</i>	S	S	S			S	S			S
96	<b>HAWKS, EAGLES &amp; KITES - Accipitridae</b>										Trip
99	Swallow-tailed Kite - <i>Elanoides forficatus</i>	S			S						S
101	White-tailed Kite - <i>Elanus leucurus</i>						S				S
102	Snail Kite - <i>Rostrhamus sociabilis</i>		S	S							S
112	White Hawk - <i>PSEUDASTUR (Leucopternis) albicollis</i>								S		S
113	Common Black Hawk - <i>Buteogallus anthracinus anthracinus</i>						G		S		S

119	Gray Hawk - BUTEO (Asturina) nitida		S	S	S		H		S	S	S	
120	Roadside Hawk - RUPORNIS (Buteo) magnirostris		H	S				S				S
122	Broad-winged Hawk - Buteo platypterus				S		S	S	S			S
123	Short-tailed Hawk - Buteo brachyurus	S	S	S	S		S					S
133	<b>FALCONS &amp; CARACARAS - Falconidae</b>	7	8	9	10	10	11	12	13	14		Trip
135	Northern Crested Caracara - Caracara cheriway					G						G
137	Laughing Falcon - Herpetotheres cachinnans		G	H				H				G
139	Collared Forest-Falcon - Micrastur semitorquatus		H	H	H							H
140	American Kestrel - Falco sparverius		S									S
143	Bat Falcon - Falco ruficularis	S		S				S				S
148	<b>RAILS, GALLINULES &amp; COOTS - Rallidae</b>	7	8	9	10	10	11	12	13	14		Trip
149	Ruddy Crane - Laterallus ruber			H					H			H
158	Purple Gallinule - Porphyrio martinica		S	S				S				S
159	Common GALLINULE (Moorhen) - Gallinula chloropus		S	S	S							S
160	American Coot - Fulica americana		S	S								S
161	<b>FINFOOTS - Heliornithidae</b>	7	8	9	10	10	11	12	13	14		Trip
162	Sungrebe - Heliornis fulica			S				S				S
163	<b>LIMPKIN - Aramidae</b>	7	8	9	10	10	11	12	13	14		Trip
164	Limpkin - Aramus guarauna		S									S
167	<b>PLOVERS &amp; LAPWINGS - Charadriidae</b>	7	8	9	10	10	11	12	13	14		Trip
169	Grey Plover/Black-bellied Plover - Pluvialis squatarola								S			S
171	Wilson's Plover - Charadrius wilsonia								S			S
174	Collared Plover - Charadrius collaris								S			S
177	<b>STILTS &amp; AVOCETS - Recurvirostridae</b>	7	8	9	10	10	11	12	13	14		Trip
178	Black-necked Stilt - Himantopus mexicanus		S	S								S
180	<b>JACANAS - Jacanidae</b>	7	8	9	10	10	11	12	13	14		Trip
181	Northern Jacana - Jacana spinosa		S	S		S						S
182	<b>SANDPIPERS &amp; ALLIES - Scolopacidae</b>	7	8	9	10	10	11	12	13	14		Trip
187	Whimbrel - Numenius phaeopus								S			S
191	Lesser Yellowlegs - Tringa flavipes		S									S
192	Solitary Sandpiper - Tringa solitaria			S				S				S
195	Spotted Sandpiper - Actitis macularius									S		S
198	Sanderling - Calidris alba								S			S
201	Least Sandpiper - Calidris minutilla							S		S		S
210	<b>GULLS, TERNS &amp; SKIMMERS - Laridae</b>	7	8	9	10	10	11	12	13	14		Trip
215	Laughing Gull - Larus atricilla								S			S
218	Herring Gull - Larus argentatus								S			S
222	Royal Tern - THALASSEUS (Sterna) maxima								S			S
236	<b>PIGEONS &amp; DOVES - Columbidae</b>	7	8	9	10	10	11	12	13	14		Trip
237	Rock Dove - Columba livia	S	S			S		S	S	S		S
243	Red-billed Pigeon - PATAGIOENAS (Columba) flavirostris		G	S			S					S
246	White-winged Dove - Zenaida asiatica		S	S		S			S	S		S
247	Inca Dove - Columbina inca							S		S		S
248	Common Ground Dove - Columbina passerina									S		S
250	Ruddy Ground Dove - Columbina talpacoti	S		G						S		S
251	Blue Ground Dove - Claravis pretiosa						S					S
253	White-tipped Dove - Leptotila verreauxi		G	S								S
256	Gray-chested Dove - Leptotila cassini			H			S					S
258	Ruddy Quail-Dove - Geotrygon montana						S					S
259	<b>PARROTS - Psittacidae</b>	7	8	9	10	10	11	12	13	14		Trip
266	Olive-throated Parakeet - Aratinga nana		S	S			S	S				S
270	Brown-hooded Parrot - PYRILIA (Pionopsitta) haematotis						S	S				S
271	White-crowned Parrot - Pionus senilis					S	S	S	S			S
273	White-fronted Parrot - Amazona albifrons			S						S		S
275	Red-lored Parrot - Amazona autumnalis	F										F
281	<b>CUCKOOS - Cuculidae</b>	7	8	9	10	10	11	12	13	14		Trip
283	Groove-billed Ani - Crotophaga sulcirostris	S	S	S	S		S	S	S	S		S
286	Lesser Ground Cuckoo - Morococcyx erythropygus									H		H
287	Lesser Roadrunner - Geococcyx velox											S
288	Squirrel Cuckoo - Piaya cayana	H		S	S			H	S	H		S
294	<b>OWLS - Strigidae</b>	7	8	9	10	10	11	12	13	14		Trip
298	Middle American (Vermiculated) Screech Owl - Megascops guatemalae						S					S
301	Mottled Owl - CICCABA (Strix) virgata	S		H	H			H	H	H		S
310	Ferruginous Pygmy Owl - Glaucidium brasilianum			S	S		H	H		H		S
314	<b>NIGHTJARS &amp; ALLIES - Caprimulgidae</b>	7	8	9	10	10	11	12	13	14		Trip
319	Common Pauraque - Nyctidromus albicollis		F									F
327	<b>POTOOS - Nyctibiidae</b>	7	8	9	10	10	11	12	13	14		Trip
328	Great Potoo - Nyctibius grandis					S	S		H	S		S
331	<b>SWIFTS - Apodidae</b>	7	8	9	10	10	11	12	13	14		Trip
335	White-collared Swift - Streptoprocne zonaris	S		S		S	S					S
337	Vaux's Swift - Chaetura vauxi		S				S			S		S
342	<b>HUMMINGBIRDS - Trochilidae</b>	7	8	9	10	10	11	12	13	14		Trip
344	Band-tailed Barbthroat - Threnetes ruckeri							S				S
345	WESTERN Long-billed Hermit - Phaethornis longirostris			S		S	S	S	S	S		S



531	White-throated Flycatcher - Empidonax albigularis	S	S	S											S
534	Yellowish Flycatcher - Empidonax flavescens		S												S
539	Social Flycatcher - Myiozetetes similis		S	S	S		S	S	S	S	S	S	S	S	S
541	Great Kiskadee - Pitangus sulphuratus		S	S	S		S	S	S	S	S	S	S	S	S
545	Boat-billed Flycatcher - Megarynchus pitangua		S	S	H		S			S					S
546	Tropical Kingbird - Tyrannus melancholicus	S	S	S	S					S	S	S	S	S	S
551	Fork-tailed Flycatcher - Tyrannus savana		S											S	S
554	Rufous Mourner - Rhytipterna holerythra									S					S
555	Dusky-capped Flycatcher - Myiarchus tuberculifer				S										S
558	Great Crested Flycatcher - Myiarchus crinitus				H	S									S
559	Brown-crested Flycatcher - Myiarchus tyrannulus					S						S			S
560	Bright-rumped Attila - Attila spadiceus				H	H		F	H						F
561	<b>COTINGAS - Cotingidae</b>	7	8	9	10	10	11	12	13	14					Trip
562	Lovely Cotinga - Cotinga amabilis						S	S	S				S		S
566	<b>MANAKINS - Pipridae</b>	7	8	9	10	10	11	12	13	14					Trip
570	White-collared Manakin - Manacus candei	H			H							S			S
572	Red-capped Manakin - Pipra mentalis							H	S				S		S
573	<b>TITYRAS &amp; ALLIES - Tityridae</b>	7	8	9	10	10	11	12	13	14					Trip
575	Masked Tityra - Tityra semifasciata	S	S	S				S	S	S					S
581	Rose-throated Becard - Pachyramphus aglaiae				S										S
583	<b>VIREOS - Vireonidae</b>	7	8	9	10	10	11	12	13	14					Trip
586	White-eyed Vireo - Vireo griseus						H								H
589	Yellow-throated Vireo - Vireo flavifrons				S										S
591	Blue-headed Vireo - Vireo solitarius				S										S
595	Philadelphia Vireo - Vireo philadelphicus				S										S
599	Tawny-crowned Greenlet - Hylophilus ochraceiceps							S							S
601	<b>CROWS, JAYS &amp; MAGPIES - Corvidae</b>	7	8	9	10	10	11	12	13	14					Trip
604	Bushy-crested Jay - Cyanocorax melanocyaneus				S										S
606	Brown Jay - PSILORHINUS (Cyanocorax) morio				S	S		S	S	S	S	S	S	S	S
614	<b>SWALLOWS - Hirundinidae</b>	7	8	9	10	10	11	12	13	14					Trip
616	Tree Swallow - Tachycineta bicolor				S										S
617	Mangrove Swallow - Tachycineta albilinea							S						S	S
618	Violet-green Swallow - Tachycineta thalassina				S										S
620	Gray-breasted Martin - Progne chalybea														G
622	Northern Rough-winged Swallow - Stelgidopteryx serripennis				S	S	S					S			S
624	Barn Swallow - Hirundo rustica				S										S
627	<b>WRENS - Troglodytidae</b>	7	8	9	10	10	11	12	13	14					Trip
629	Rufous-naped Wren - Campylorhynchus rufinucha	S	S												S
633	Spot-breasted Wren - PHEUGOPEDIUS (Thryothorus) maculipectus	S			S	S			S						S
640	(Southern) House Wren - Troglodytes aedon				S	S	H		S			H			S
641	Rufous-browed Wren - Troglodytes rufociliatus				S										S
642	White-bellied Wren - Uropsila leucogastra													S	S
643	White-breasted Wood Wren - Henicorhina leucosticta	H	H	H	H			H	S						S
647	<b>GNATCATCHERS - Polioptilidae</b>	7	8	9	10	10	11	12	13	14					Trip
650	White-lored Gnatcatcher - Polioptila albiloris												S		S
651	Tropical Gnatcatcher - Polioptila plumbea											S			S
657	<b>THRUSHES &amp; ALLIES - Turdidae</b>	7	8	9	10	10	11	12	13	14					Trip
660	Slate-colored Solitaire - Myadestes unicolor				S										S
668	<b>THRUSHES &amp; ALLIES - Continued</b>	7	8	9	10	10	11	12	13	14					Trip
670	Wood Thrush - Hylocichla mustelina				H	S		S	S	S					S
673	Clay-colored THRUSH (Robin) - Turdus grayi	S	S	S	S			S	S	S	S	S	S	S	S
674	White-throated Thrush - Turdus assimilis							S	S						S
676	<b>MOCKINGBIRDS &amp; THRASHERS - Mimidae</b>	7	8	9	10	10	11	12	13	14					Trip
677	Gray Catbird - Dumetella carolinensis				S			S	S	S	S	S	S	S	S
680	Tropical Mockingbird - Mimus gilvus													S	S
686	<b>NEW WORLD WARBLERS - Parulidae</b>	7	8	9	10	10	11	12	13	14					Trip
687	Ovenbird - Seiurus aurocapilla				S			S							S
689	Louisiana Waterthrush - PARKESIA (Seiurus) motacilla				S	S				S					S
690	Northern Waterthrush - PARKESIA (Seiurus) noveboracensis											S			S
691	Golden-winged Warbler - Vermivora chrysoptera				S	S									S
692	Blue-winged Warbler - Vermivora cyanoptera (pinus)					S			S						S
693	Black-and-white Warbler - Mniotilta varia				S	S	S		S	S	S				S
697	Tennessee Warbler - OREOTILYPIS (Vermivora) peregrina				S										S
700	Gray-crowned Yellowthroat - Geothlypis poliocephala				S										S
703	Kentucky Warbler - GEOTILYPIS (Oporornis) formosus								S						S
705	Common Yellowthroat - Geothlypis trichas				S	S				S					S
706	Hooded Warbler - SETOPHAGA (Wilsonia) citrina					S			S	S					S
707	American Redstart - Setophaga ruticilla					S			S	S	S				S
712	Magnolia Warbler - SETOPHAGA (Dendroica) magnolia					S	S		S	S	S				S
715	American Yellow Warbler - Setophaga aestiva				S	S								S	S
717	Chestnut-sided Warbler - SETOPHAGA (Dendroica) pensylvanica				S	S	S		S	S	S				S
719	Palm Warbler - SETOPHAGA (Dendroica) palmarum				S										S
722	Yellow-throated Warbler - SETOPHAGA (Dendroica) dominica									S					S
730	Black-throated Green Warbler - SETOPHAGA (Dendroica) virens				S	S				S					S

733	Rufous-capped Warbler - Basileuterus rufifrons		S							S	
735	Golden-crowned Warbler - Basileuterus culicivorus		G							G	
737	Wilson's Warbler - CARDELLINA (Wilsonia) pusilla		S	S	S					S	
740	Slate-throated Redstart - Myioborus miniatus		S							S	
741	Yellow-breasted Chat - Icteria virens		S	S						S	
744	<b>TANAGERS &amp; ALLIES - Thraupidae</b>	7	8	9	10	10	11	12	13	14	Trip
750	Crimson-collared Tanager - Ramphocelus sanguinolentus			S							S
751	PASSERINI'S (Scarlet-rumped) Tanager - Ramphocelus passerinii			H	S		S		S		S
752	Blue-gray Tanager - Thraupis episcopus		S	S					S	S	S
754	Yellow-winged Tanager - Thraupis abbas			S	S		S	S	S		S
757	Golden-hooded Tanager - Tangara larvata						S	S			S
762	Green Honeycreeper - Chlorophanes spiza					S	S		S	S	S
763	Black-headed Saltator - Saltator atriceps		S	F			S			S	S
765	Buff-throated Saltator - Saltator maximus	S	S	S	S		S		S		S
766	Grayish Saltator - Saltator coerulescens	S	H								S
767	<b>BUNTINGS &amp; NEW WORLD SPARROWS - Emberizidae</b>	7	8	9	10	10	11	12	13	14	Trip
768	Blue-black Grassquit - Volatinia jacarina			S						S	S
770	Variable Seedeater - Sporophila corvina								S		S
771	White-collared Seedeater - Sporophila torqueola	S	S	S	S			S	S	S	S
773	Thick-billed Seed Finch - Oryzoborus funereus						S				S
774	Yellow-faced Grassquit - Tiaris olivaceus		S								S
781	White-naped Brush Finch - Atlapetes albinucha		S								S
784	Rusty Sparrow - Aimophila rufescens		S	S							S
786	Prevost's Ground Sparrow - Melozone biarcuata			S							S
794	Common Bush Tanager - Chlorospingus ophthalmicus		S								S
795	<b>CARDINALS &amp; ALLIES - Cardinalidae</b>	7	8	9	10	10	11	12	13	14	Trip
797	Summer Tanager - Piranga rubra		H	S	S		S	S	H		S
803	Red-throated Ant Tanager - Habia fuscicauda			S	S		S	S			S
807	Rose-breasted Grosbeak - Pheucticus ludovicianus	S				F	S				S
810	Blue-black Grosbeak - Cyanocompsa cyanoides					S					S
811	Blue Bunting - Cyanocompsa parellina	S									S
812	Blue Grosbeak - Passerina caerulea	S		S							S
813	Indigo Bunting - Passerina cyanea	S								S	S
814	Painted Bunting - Passerina ciris		G								G
816	<b>AMERICAN ORIOLES &amp; BLACKBIRDS - Icteridae</b>	7	8	9	10	10	11	12	13	14	Trip
817	Chestnut-headed Oropendola - Psarocolius wagleri		S	S	S		S	S	S	S	S
818	Montezuma Oropendola - Psarocolius montezuma	F	S	S	S		S	S	S	S	S
820	Yellow-billed Cacique - Amblycercus holosericeus			S							S
821	Spot-breasted Oriole - Icterus pectoralis		S	S							S
824	Orchard Oriole - Icterus spurius	S	S	S							S
827	Yellow-backed Oriole - Icterus chrysater		S								S
828	Baltimore Oriole - Icterus galbula		S	S	S		S	S	S	S	S
830	Altamira Oriole - Icterus gularis		H	S						S	S
831	Giant Cowbird - Molothrus oryzivorus		S	S		S					S
832	Bronzed Cowbird - Molothrus aeneus			S						S	S
833	Melodious Blackbird - Dives dives		S	S			H	S	H	S	S
834	Red-winged Blackbird - Agelaius phoeniceus		S								S
835	Great-tailed Grackle - Quiscalus mexicanus	S	S	S	S			S	S	S	S
836	Eastern Meadowlark - Sturnella magna									S	S
838	<b>SISKINS, CROSSBILLS &amp; ALLIES - Fringillidae</b>	7	8	9	10	10	11	12	13	14	Trip
839	Scrub Euphonia - Euphonia affinis						S				S
841	Yellow-throated Euphonia - Euphonia hirundinacea	S	S	S	S		S		S		S
843	Olive-backed Euphonia - Euphonia gouldi						S		S		S
845	Blue-crowned Chlorophonia - Chlorophonia occipitalis		H					G			G
851	<b>OLD WORLD SPARROWS - Passeridae</b>	7	8	9	10	10	11	12	13	14	Trip
852	House Sparrow - Passer domesticus	S									S

	Highlands				Lowlands				Trip	
	7	8	9	10	10	11	12	13		14
<b>DAILY TOTALS</b>	39	100	113	53	22	76	91	69	65	248
	5	10	14	8	1	9	5	6	4	9
	1	6	2	0	1	0	2	0	0	7
	2	1	1	0	1	1	0	0	0	3
	47	117	130	61	25	86	98	75	69	267
<b>ACCUMULATED DAILY TRIP TOTALS</b>	7	8	9	10	10	11	12	13	14	
	39	117	163	169	179	197	218	234	248	
	5	12	14	12	13	12	9	8	9	
	1	7	5	5	6	6	8	8	7	
	2	2	2	2	2	3	3	3	3	
	47	138	184	188	200	218	238	253	267	