

Cheepers! *Binding on a Budget*

PANAMA

Canopy Tower & Canopy Lodge

April 16 - April 27, 2017

4/16	Arrival - PM: Observation Deck.
4/17	AM: Observation Deck and Semaphore Hill Road. PM: Ammo Dump.
4/18	AM: Rainforest Discovery Center Tower and Trails. PM: Summit Park.
4/19	AM: Gamboa Rainforest Resort trails. PM: Old Gamboa Road and Summit Ponds.
4/20	Cerro Azul and Cerro Jefe.
4/21	AM: Pipeline Road. PM: Transfer to Canopy Lodge.
4/22	AM: La Mesa - Las Mines Trail. PM: Valle Chiquito.
4/23	Anton Dry Forest, Anton Shrimp Farm, Raul's Beach House.
4/24	AM: Cero Gaital. PM Cariguana & Compost Pile.
4/25	Altos del Maria.
4/26	AM: Canopy Adventure & Cariguana.
4/27	Departure

	Page	16	17	18	19	20	21	22	23	24	25	26	Trip	
1	TINAMOUS													
3	Great Tinamou <i>Tinamus major</i>	2	S	H	H	S	H	S					S	
4	Little Tinamou <i>Crypturellus soui</i>	2				H							H	
6	DUCKS, SWANS & GEESE	Page	16	17	18	19	20	21	22	23	24	25	26	Trip
7	Black-bellied Whistling-Duck <i>Dendrocygna autumnalis</i>	4				S								S
10	Muscovy Duck <i>Cairina moschata</i>	4		S										S
23	GUANS & CHACHALACAS	Page	16	17	18	19	20	21	22	23	24	25	26	Trip
24	Gray-headed Chachalaca <i>Ortalis cinereiceps</i>	10		S			S		S	S	S		S	S
26	Black Guan <i>Chamaepetes unicolor</i>	10										S		S
54	BOOBIES & GANNETS	Page	16	17	18	19	20	21	22	23	24	25	26	Trip
57	Blue-footed Booby <i>Sula nebouxii</i>	20								S				S
61	PELICANS	Page	16	17	18	19	20	21	22	23	24	25	26	Trip
62	Brown Pelican <i>Pelecanus occidentalis</i>	22								S				S
66	DARTERS	Page	16	17	18	19	20	21	22	23	24	25	26	Trip
67	Anhinga <i>Anhinga anhinga</i>	24			S	S								S
71	FRIGATEBIRDS	Page	16	17	18	19	20	21	22	23	24	25	26	Trip
72	Magnificent Frigatebird <i>Fregata magnificens</i>	24				S				S				S
74	HERONS	Page	16	17	18	19	20	21	22	23	24	25	26	Trip
75	Rufescent Tiger-Heron <i>Tigrisoma lineatum</i>	26		S										S
82	Great Egret <i>Ardea alba</i>	28					S			S	S			S
83	Snowy Egret <i>Egretta thula</i>	28				S				S				S
84	Little Blue Heron <i>Egretta caerulea</i>	28			S	S				S				S
86	Tricolored Heron <i>Egretta tricolor</i>	30								S				S
87	Cattle Egret <i>Bubulcus ibis</i>	30				S	G			S	S			S
89	Green Heron <i>Butorides virescens</i>	30		S		S								S
90	Striated Heron <i>Butorides striata</i>	30			S	S								S
94	Yellow-crowned Night-Heron <i>Nyctanassa violaceus</i>	32								S				S
95	Boat-billed Heron <i>Cochlearius cochlearius</i>	32				S								S
96	STORKS	Page	16	17	18	19	20	21	22	23	24	25	26	Trip
99	Wood Stork <i>Mycteria americana</i>	32		S			S			S				S
108	VULTURES	Page	16	17	18	19	20	21	22	23	24	25	26	Trip
109	Black Vulture <i>Coragyps atratus</i>	36	S	S	S	S	S	S	S	S	S	S	S	S
110	Turkey Vulture <i>Cathartes aura</i>	36	S	S	S	S	S	S	S	S	S	S	S	S
111	Lesser Yellow-headed Vulture <i>Cathartes burrovianus</i>	36								S				S
113	HAWKS, EAGLES & KITES	Page	16	17	18	19	20	21	22	23	24	25	26	Trip
115	Gray-headed Kite <i>Leptodon cayanensis</i>	38						S						S
118	Swallow-tailed Kite <i>Elanoides forficatus</i>	40					S	S			S	S		S
120	Double-toothed Kite <i>Harpagus bidentatus</i>	40		S							S			S
121	Mississippi Kite <i>Ictinia mississippiensis</i>	40	S	S	S		S							S
133	Crane Hawk <i>Geranospiza caerulescens</i>	44			S									S
134	Barred Hawk <i>Leucopternis princeps</i>	46										S		S
138	White Hawk <i>PSEUDASTUR (Leucopternis) albicollis</i>	46					S							S
140	Common Black-Hawk <i>Buteogallus anthracinus</i>	48		G						S				S
141	Great Black-Hawk <i>Buteogallus urubitinga</i>	48								S				S
143	Zone-tailed Hawk <i>Buteo albonotatus</i>	48								S	S			S
144	Roadside Hawk <i>RUPORNIA (Buteo) magnirostris</i>	50							S	S	S		S	S
147	Short-tailed Hawk <i>Buteo brachyurus</i>	50		S					S		S	S		S
148	Swainson's Hawk <i>Buteo swainsoni</i>	52					S							S
155	Ornate Hawk-Eagle <i>Spizaetus ornatus</i>	54										S		S
157	FALCONS & CARACARAS	Page	16	17	18	19	20	21	22	23	24	25	26	Trip
162	Crested Caracara <i>Caracara cheriway</i>	58								S				S
163	Yellow-headed Caracara <i>Milvago chimachima</i>	58		S	S	S	S			S				S
166	Merlin <i>Falco columbarius</i>	58					S							S
168	Bat Falcon <i>Falco ruficularis</i>	60										X		X
174	RAILS, GALLINULES & COOTS	Page	16	17	18	19	20	21	22	23	24	25	26	Trip
176	White-throated Crane <i>Laterallus albigularis</i>	62		H	H	H		H						H

446	White-vented Plumeleteer <i>Chalybura buffonii</i>	152	S	S	S	S	S					S		S	S
447	Bronze-tailed Plumeleteer <i>Chalybura urochrysis</i>	152					S		F		G	S			S
454	Snowcap <i>Microchera albocoronata</i>	156										S			S
455	Purple-crowned Fairy <i>Heliathrix barroti</i>	156				S									S
463	TROGONS	Page	16	17	18	19	20	21	22	23	24	25	26	Trip	
464	White-tailed Trogon <i>Trogon CHIONURUS (viridis)</i>	160						S							S
465	GARTERED (Violaceous) Trogon <i>Trogon CALIGATUS (violaceus)</i>	160		S	S	H									S
466	Black-throated Trogon <i>Trogon rufus</i>	160			H		S								S
469	Orange-bellied Trogon <i>Trogon aurantiiventris</i>	162							S			S	H		S
471	Slaty-tailed Trogon <i>Trogon massaena</i>	162		S		S		S							S
475	MOTMOTS	Page	16	17	18	19	20	21	22	23	24	25	26	Trip	
476	Rufous Motmot <i>Baryphthengus martii</i>	166						S	S	S			S		S
477	Broad-billed Motmot <i>Electron platyrhynchum</i>	166		S	S				H			H			S
478	Tody Motmot <i>Hylomanes momotula</i>	166							S				G		S
479	WHOOPING (Blue-crowned) Motmot <i>Momotus subrufescens</i>	166				S		S							S
480	LESSON'S (Blue-diademed/Blue-crowned) Motmot <i>Mototus momota</i>	166							S	S					S
481	KINGFISHERS	Page	16	17	18	19	20	21	22	23	24	25	26	Trip	
482	Ringed Kingfisher <i>Megaceryle torquata</i>	168								S					S
485	Green Kingfisher <i>Chloroceryle americana</i>	168				S				S					S
488	PUFFBIRDS	Page	16	17	18	19	20	21	22	23	24	25	26	Trip	
490	White-necked Puffbird <i>Notharchus hyperrhynchus</i>	170						S							S
491	Black-breasted Puffbird <i>Notharchus pectoralis</i>	170		S	S			S							S
492	Pied Puffbird <i>Notharchus tectus</i>	170			S										S
493	White-whiskered Puffbird <i>Malacoptila panamensis</i>	170			S			S							S
497	JACAMARS	Page	16	17	18	19	20	21	22	23	24	25	26	Trip	
500	Rufous-tailed Jacamar <i>Galbula ruficauda</i>	172		H											H
501	BARBETS & TOUCANS	Page	16	17	18	19	20	21	22	23	24	25	26	Trip	
502	Spot-crowned Barbet <i>Capito maculicoronatus</i>	174							S						S
505	NORTHERN EMERALD (Blue-throated) Toucanet <i>Aulacorhynchus prasinus</i>	174									S	S			S
508	Collared Aracari <i>Pteroglossus torquatus</i>	176	S	S	S		G							S	S
511	Keel-billed Toucan <i>Ramphastos sulfuratus</i>	176	S	S	S	S	H	S	S	S	S	S	S	S	S
512	YELLOW-THROATED (Black/Chestnut-mandibled) Toucan <i>Ramphastos swainsonii</i>	176			S										S
514	WOODPECKERS	Page	16	17	18	19	20	21	22	23	24	25	26	Trip	
517	Black-cheeked Woodpecker <i>Melanerpes pucherani</i>	178					S	H				S	S		S
518	Red-crowned Woodpecker <i>Melanerpes rubricapillus</i>	178		S	S	S	S		S	S	S		S		S
529	Cinnamon Woodpecker <i>Celeus loricatus</i>	182		S	S			S							S
532	Lineated Woodpecker <i>Dryocopus lineatus</i>	184				S			H		H		F		S
533	Crimson-crested Woodpecker <i>Campephilus melanoleucos</i>	184			S	S		H							S
536	OVENBIRDS & WOODCREEPERS	Page	16	17	18	19	20	21	22	23	24	25	26	Trip	
539	Red-faced Spinetail <i>Cranioleuca erythrops</i>	186										H			H
558	Plain Xenops <i>Xenops minutus</i>	192			S	S	S		S		S				S
561	Scaly-throated Leaf-tosser <i>Sclerurus guatemalensis</i>	194						S							S
564	Plain-brown Woodcreeper <i>Dendrocincla fuliginosa</i>	196						S							S
568	Northern Barred-Woodcreeper <i>Dendrocolaptes sanctithomae</i>	196					S	S							S
570	Straight-billed Woodcreeper <i>DENDROPLEX (Xiphorhynchus) picus</i>	198								H					H
571	Cocoa Woodcreeper <i>Xiphorhynchus susurrans</i>	198	H	S	H	S	S	S	H	H	H	H	H	H	S
572	Black-striped Woodcreeper <i>Xiphorhynchus lachrymosus</i>	198			S										S
573	Spotted Woodcreeper <i>Xiphorhynchus erythropygius</i>	198							F		S	S			S
580	TYPICAL ANTIBIRDS	Page	16	17	18	19	20	21	22	23	24	25	26	Trip	
581	Fasciated Antshrike <i>Cymbilaimus lineatus</i>	202			S	S									S
582	Great Antshrike <i>Taraba major</i>	202				F			H	H					F
583	Barred Antshrike <i>Thamnophilus dolius</i>	202		S						S			S		S
586	BLACK-CROWNED (Western Slaty-) Antshrike <i>Thamnophilus atrinucha</i>	204		S	H			H							S
589	Plain Antwren <i>Dysithamnus mentalis</i>	206							G		S	S			S
590	Spot-crowned Antwren <i>Dysithamnus puncticeps</i>	206						H			H	S			S
591	Checker-throated Antwren <i>EPINECROPHYLLA (Myrmotherula) fulviventris</i>	206			S										S
595	Slaty Antwren <i>Myrmotherula schisticolor</i>	208							S			S			S
597	Dot-winged Antwren <i>Microrhopias quixensis</i>	208						S							S
600	Dusky Antbird <i>Cercomacra tyrannina</i>	210		H											H
601	Jet Antbird <i>Cercomacra nigricans</i>	210				S									S
603	Chestnut-backed Antbird <i>Myrmeciza exsul</i>	212				S		S							S
604	Dull-mantled Antbird <i>Myrmeciza laemosticta</i>	212										S			S
607	White-bellied Antbird <i>Myrmeciza longipes</i>	212				S									S
608	Spotted Antbird <i>Hylophylax naevioides</i>	214		S	H	H		S							S
610	Bicolored Antbird <i>Gymnopithys leucaspis</i>	214						S				H			S
613	ANTTHRUSHES	Page	16	17	18	19	20	21	22	23	24	25	26	Trip	
614	Black-faced Antthrush <i>Formicarius analis</i>	216			H			S				H			S
619	ANTPITTAS	Page	16	17	18	19	20	21	22	23	24	25	26	Trip	
621	Streak-Chested Antpitta <i>Hylopezus perspicillatus</i>	218						H							H
630	TYRANT-FLYCATCHERS	Page	16	17	18	19	20	21	22	23	24	25	26	Trip	
631	Brown-capped Tyrannulet <i>Ornithion brunneicapillum</i>	222					S								S
633	Southern Beardless-Tyrannulet <i>Camptostoma obsoletum</i>	222			H					S					S
634	Mouse-colored Tyrannulet <i>Phaeomyias murina</i>	222								S					S
636	Yellow-crowned Tyrannulet <i>Tyrannulus elatus</i>	224		G											G
637	Forest Elaenia <i>Myiopaqis gaimardii</i>	224		S	S	H		S							S

640	Yellow-bellied Elaenia <i>Elaenia flavogaster</i>	226			S	H				S	S	H	S			S
641	Lesser Elaenia <i>Elaenia chiriquensis</i>	226								S		S	S			S
643	Ochre-bellied Flycatcher <i>Mionectes oleagineus</i>	226													S	S
646	Sepia-capped Flycatcher <i>Leptopogon amaurocephalus</i>	228								S		H				S
649	Rufous-browed Tyrannulet <i>Phylloscartes supercilii</i>	228											H			H
653	Paltry Tyrannulet <i>Zimmerius villosus</i>	230			S			S					S			S
656	Scale-crested Pygmy-Tyrant <i>Lophotriccus pileatus</i>	230						S				H	H			S
657	Pale-eyed Pygmy-Tyrant <i>Atalotriccus pilaris</i>	230									S					S
658	Northern Scrub-Flycatcher <i>Sublegatus arenarum</i>	232									S					S
660	Common Tody-Flycatcher <i>Todirostrum cinereum</i>	232			S					S	S	H	H	S		S
664	Olivaceous Flatbill <i>Rhynchocyclus olivaceus</i>	234							S							S
668	Yellow-olive Flycatcher <i>Tolmomyias sulphureus</i>	236			S		S						S			S
673	Ruddy-tailed Flycatcher <i>Terentroticus erythrorus</i>	236			S											S
675	Black-tailed Flycatcher <i>Myiobius atricaudatus</i>	238					S									S
678	Tufted Flycatcher <i>Mitrephanes phaeocercus</i>	238												S		S
681	Olive-sided Flycatcher <i>Contopus cooperi</i>	240										S				S
683	Eastern Wood-Pewee <i>Contopus virens</i>	240			S	S	S					S		S	S	S
685	Tropical Pewee <i>Contopus cinereus</i>	240											S			S
687	Acadian Flycatcher <i>Empidonax virescens</i>	242									S					S
695	Black Phoebe <i>Sayornis nigricans</i>	244					S									S
700	Bright-rumped Attila <i>Attila spadiceus</i>	246		H			H		H	H						H
702	Rufous Mourner <i>Rhytipterna holerythra</i>	246					H									H
703	Dusky-capped Flycatcher <i>Myiarchus tuberculifer</i>	248			S	S	S				S					S
704	Panama Flycatcher <i>Myiarchus panamensis</i>	248			S	S				S	S				S	S
706	Lesser Kiskadee <i>Philohydor lictor</i>	248					S									S
707	Great Kiskadee <i>Pitangus sulphuratus</i>	248			S	S	S			H	S	S	S	H	S	S
708	Rusty-margined Flycatcher <i>Myiozetetes cayanensis</i>	250			S		S									S
709	Social Flycatcher <i>Myiozetetes similis</i>	250			S	S	S		S	S	S	S	S	S	S	S
713	Boat-billed Flycatcher <i>Megarynchus pitangua</i>	252		H	S					S	S	H		H	S	S
716	Streaked Flycatcher <i>Myiodynastes maculatus</i>	252					S	S	S	S	S	S				S
717	Sulphur-bellied Flycatcher <i>Myiodynastes luteiventris</i>	252										S				S
718	Piratic Flycatcher <i>Legatus leucophaeus</i>	254			S	S	S	H		S		H	H	H	S	S
719	Tropical Kingbird <i>Tyrannus melancholicus</i>	254			S	S	S	S	S	S	S	S	S	S	S	S
721	Eastern Kingbird <i>Tyrannus tyrannus</i>	254			S	S	S	S	S							S
723	Southern Bentbill <i>Oncostoma olivaceum</i>	256		H	S	S			S							S
725	Fork-tailed Flycatcher <i>Tyrannus savana</i>	256			S	S					S					S
729	BECARDS, TITYRAS & OTHERS	Page	16	17	18	19	20	21	22	23	24	25	26			Trip
730	RUSSET-WINGED (Thrushlike) <i>Schiffornis Schiffornis stenorhyncha panamensis</i>	258				G			S							S
731	Northern Schiffornis <i>Schiffornis veraepacis</i>	258									H	S				S
737	Cinnamon Becard <i>Pachyrhamphus cinnamomeus</i>	260					S					S				S
738	White-winged Becard <i>Pachyrhamphus polychopterus</i>	260					S									S
742	Masked Tityra <i>Tityra semifasciata</i>	262				S	S	S				S	S			S
744	COTINGAS	Page	16	17	18	19	20	21	22	23	24	25	26			Trip
747	Blue Cotinga <i>Cotinga nattererii</i>	264				S										S
748	Purple-throated Fruitcrow <i>Querula purpurata</i>	264				S			S							S
754	MANAKINS	Page	16	17	18	19	20	21	22	23	24	25	26			Trip
758	Golden-collared Manakin <i>Manacus vitellinus</i>	268				S	S			S						S
759	White-ruffed Manakin <i>Corapipo altera</i>	270											S			S
760	Lance-tailed Manakin <i>Chiroxiphia lanceolata</i>	270					H				S			S	S	S
762	Blue-crowned Manakin <i>LEPIDOTHRIX (Pipra) coronata</i>	270								S						S
764	Red-capped Manakin <i>CERATOPIPRA (Pipra) mentalis</i>	270				S			S	S	H					S
765	VIREOS	Page	16	17	18	19	20	21	22	23	24	25	26			Trip
773	Red-eyed Vireo <i>Vireo olivaceus</i>	274				S	S	S	S	S	S	S				S
774	Yellow-green Vireo <i>Vireo flavoviridis</i>	274								S	S	S				S
776	Scrub Greenlet <i>Hylophilus flavipes</i>	276					H				S					S
779	Golden-fronted Greenlet <i>Hylophilus aurantiifrons</i>	276				S			S							S
780	Lesser Greenlet <i>Hylophilus decurtatus</i>	276				S	S									S
781	Green Shrike-Vireo <i>Vireolanius pulchellus</i>	278				S	S	H		H						S
783	Rufous-browed Peppershrike <i>Cyclarhis gujanensis</i>	278									S					S
786	CROWS & JAYS	Page	16	17	18	19	20	21	22	23	24	25	26			Trip
787	Black-chested Jay <i>Cyanocorax affinis</i>	280				S	S			S	S	S	H	S		S
791	SWALLOWS	Page	16	17	18	19	20	21	22	23	24	25	26			Trip
793	Mangrove Swallow <i>Tachycineta albilinea</i>	282				S	S	S								S
796	Blue-and-white Swallow <i>PYGOCHELIDON (Notiochelidon) cyanoleuca</i>	282										S				S
797	Bank Swallow <i>Riparia riparia</i>	282							F							F
799	Northern Rough-winged Swallow <i>Stelgidopteryx serripennis</i>	284					S									S
800	Southern Rough-winged Swallow <i>Stelgidopteryx ruficollis</i>	284				S	S	S		S	S	S		S		S
801	Cliff Swallow <i>Petrochelidon pyrrhonota</i>	284				S										S
803	Barn Swallow <i>Hirundo rustica</i>	286				S	S	S		S		S	S	S		S
805	Gray-breasted Martin <i>Progne chalybea</i>	286				S	S	S				S	S			S
810	WRENS	Page	16	17	18	19	20	21	22	23	24	25	26			Trip
817	Black-bellied Wren <i>PHEUGOPEDIUS (Thryothorus) fasciatoventris</i>	290				S	S			H						S
818	Bay Wren <i>CANTORCHILUS (Thryothorus) nigricapillus costaricensis (West/Cent)</i>	290								S	H	S		S	S	S
823	Rufous-breasted Wren <i>PHEUGOPEDIUS (Thryothorus) rutilus</i>	292				S	H			H		S				S
824	Rufous-and-white Wren <i>Thryothorus rufalbus</i>	292								S		H		S	S	S

